

Wiltshire Community Web Online Newsletter



March 2009

Hello all and welcome to the latest issue of the Wiltshire Community Web Online Newsletter.

Training Events Information

Further training sessions will be organised for later in 2009. If you would like to receive future information about the training sessions for 2009, please email info@wiltshirecommunityweb.org.uk

All dates will be advertised in future newsletter issues and in the news and diary sections of www.wiltshirecommunityweb.org.uk – keep checking back!

If you are a group of people that are interested in finding out more about WCW, we could organise a group training session – get in contact!

Hints and Tips

Top of WCW Search Facility

Ever noticed that when you use the 'Search the Site' option to search for community websites on Wiltshire Community Web, that the site results are not listed in alphabetical order?...This is because they are listed according to last updated!

This means that the more you keep your site updated, the longer it will remain at the top of the search results.

It does however only record this according to the homepage of your site. So make sure every time you make a change to one of your other pages, that you also upload your index page again as well –even if you have not made any changes. Simply open it to modify, but scroll to the bottom and select the arrow as normal.

We hope that you have enjoyed reading your WCW Newsletter. If you have any queries or comments then please email us at info@wiltshirecommunityweb.org.uk

WCW Online Tutorial – Don't forget there are 10 lessons that form the WCW Tutorial designed to help you make the most of your WCW website. The link to this can be found on the homepage.

- Creating your homepage
- Adding news and diary items
- Advanced formatting
- Adding new pages
- Advertising a job
- Setting up a mailing list

Each lesson provides simple instructions for you to follow to help you build your site.

Spotlight on a Wiltshire Community Web Site



"We are a small club of enthusiastic triathletes from varied backgrounds and age groups actively competing at all levels of fitness in both local and national races who are keen to put ourselves to the test throughout the year competing in Duathlons during the winter and Triathlons during the summer from Novice to Olympic Distance events.

The philosophy of the club is that each member helps the others with their respective weaknesses to make everyone better triathletes. This applies not only to training and techniques but also to kit and equipment. Equipment does not have to be expensive, all you need is: - Swimsuit & Goggles, any roadworthy Bike & Helmet, Running Shoes, Shorts and Vest.

The club is very informal – ***you*** decide how hard and how often you train. We meet for cycling all year round on Sunday mornings at 10.00am at the Salisbury Leisure Centre – we cycle a variety of routes along the quiet and scenic country lanes in and around Salisbury. Several members of the club pop down to Bournemouth or Sandbanks on a car-share basis for wetsuit training in the sea during the summer – or regular swim training can be taken in the Salisbury Leisure

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Centre during 'laned' public sessions or at coached sessions organised by SwimWise. Some members run in conjunction with the City of Salisbury Athletics Club, whilst others choose to run alone. Because several members work varied hours, it is often possible to organise extra sessions of cycling or running during the week, by mutual agreement.

Your club secretary, Ron Boyes collates race information from various sources, this is available on request but the internet is particularly useful in finding more from the BTA website – ***britishtriathlon.org*** or various other websites.

Any questions not covered here or on our website www.southwilts.co.uk/site/sarum-triathletes/index.htm, ring **Ron Boyes** on **01722 331542** for an informal chat."

Ron Boyes
Sarum Triathletes



Visit the site on Wiltshire Community Web:

www.southwilts.co.uk/site/sarum-triathletes/index.htm

Get your site noticed!

For each newsletter, we will feature a site that has been created on Wiltshire Community Web.

If you would like to have your site featured here in a future issue to promote your success, then get in touch!

Email us at info@wiltshirecommunityweb.org.uk with a short explanation of your site.

Editors Notes



**Wiltshire Community Web is managed by
Community First.**

**COMMUNITY
FIRST**

Community First is a charitable organisation that works at the forefront of community development to help improve the quality of life and economic well being of people and local communities throughout Wiltshire and Swindon

We hope that you have enjoyed reading your WCW Newsletter. If you have any queries or comments then please email us at info@wiltshirecommunityweb.org.uk

For further information visit our website at www.communityfirst.org.uk

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